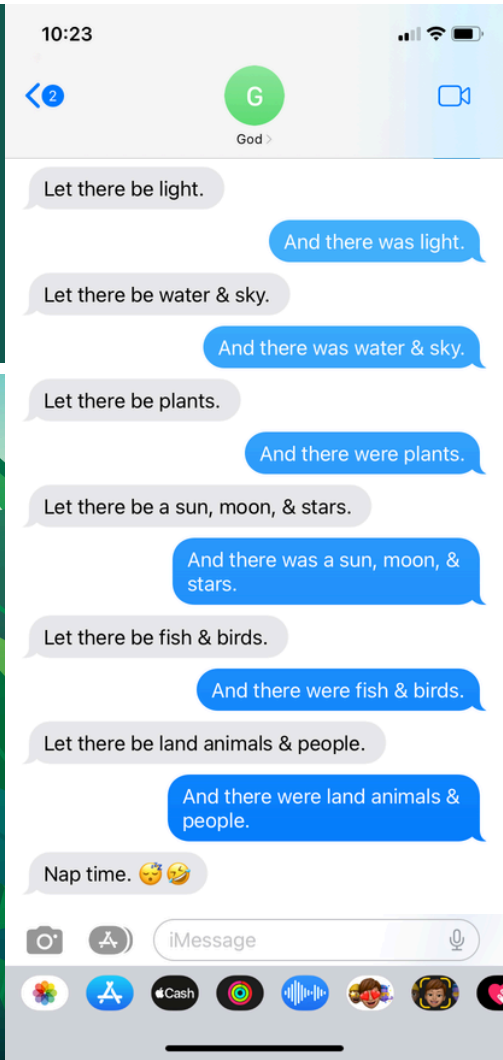


Fam Jam

And God Said...



Rest

05/24/26

Fam Jam

Get together with your fam and jam about the seventh day of creation: God resting!

Read
Genesis
2:1-3

Was God
tired on
Day 7 of
Creation?

Talk about how, if we were created in God's image, we should find time to rest, too.

Genesis 2:1 says the heavens and earth were "finished." Talk about how God didn't need to rest, but that his Creation was complete.

God made Day 7 "holy." What does that mean?

How do you think God felt as he sat back on Day 7, knowing his creation was good and complete?

What did God do on the seventh day of Creation?