

* DISCUSSION * QUESTIONS

1. HOW MUCH TIME DO YOU SPEND EVERY DAY IN FRONT OF A SCREEN?

2. DO YOU THINK THE SCREENS INFLUENCE YOU? IF SO, HOW MUCH? IN WHAT POSITIVE WAYS? IN WHAT NEGATIVE WAYS?

3. WHO IN YOUR LIFE REGULARLY ASKS YOU ABOUT THE MOVIES/ TV/STREAMING/GAMES/SURFING YOU'RE CONSUMING?

4. WHAT IS ONE STEP YOU COULD TAKE THIS WEEK TO BRING MORE BALANCE TO YOUR DIGITAL LIFE?

5. WHAT IS ONE WAY THAT YOU EVIDENCED GOD'S SPIRIT LEADING YOU THIS WEEK? DID HE PROMPT YOU TO TAKE AN ACTION? TO STOP WATCHING SOMETHING?

PRAY TOGETHER AS A GROUP FOR WISDOM AND DISCERNMENT WHEN IT COMES TO YOUR DIGITAL LIFE AND SHARE NEXT WEEK HOW IT WENT!

* DISCUSSION * QUESTIONS

1. HOW MUCH TIME DO YOU SPEND EVERY DAY IN FRONT OF A SCREEN?

2. DO YOU THINK THE SCREENS INFLUENCE YOU? IF SO, HOW MUCH? IN WHAT POSITIVE WAYS? IN WHAT NEGATIVE WAYS?

3. WHO IN YOUR LIFE REGULARLY ASKS YOU ABOUT THE MOVIES/ TV/STREAMING/GAMES/SURFING YOU'RE CONSUMING?

4. WHAT IS ONE STEP YOU COULD TAKE THIS WEEK TO BRING MORE BALANCE TO YOUR DIGITAL LIFE?

5. WHAT IS ONE WAY THAT YOU EVIDENCED GOD'S SPIRIT LEADING YOU THIS WEEK? DID HE PROMPT YOU TO TAKE AN ACTION? TO STOP WATCHING SOMETHING?

PRAY TOGETHER AS A GROUP FOR WISDOM AND DISCERNMENT WHEN IT COMES TO YOUR DIGITAL LIFE AND SHARE NEXT WEEK HOW IT WENT!