Fruit of the Spirit

Fam Jam

5/11

HUB

FAM JAM
5/11

What is Gentleness?

Talk about a time you have been gentle towards someone. How did it make you feel?

Being gentle towards a cat or a dog or a baby chicken seems pretty easy to do, but how can you be gentle towards a person? Being gentle doesn't always mean a gentle touch like how you might pet a baby kangaroo. You can be gentle with your words, too. That means saying nice things instead of mean things.

What are some gentle words you can say when...
You don't like the food you are served?
Your teammate made a big mistake?
Your brother/sister took one of your toys?
Your teacher didn't read your favorite book?

Talk about ways you can be gentle this week!